

CONTENTS

READING

Part 1 Multiple choice (short texts)

Practice task p7

Strategies and skills pp8–9

Time expressions p8

Understanding the main message pp8–9

The language of signs p9

Giving permission and giving orders p9

Exam task pp10–11

Part 2 Multiple matching

Practice task p12

Strategies and skills pp13–15

Understanding what someone wants, likes or needs p13

Matching words and ideas pp13–14

Identifying information that is not relevant pp14–15

Exam task pp16–17

Part 3 Multiple choice

Practice task p18

Strategies and skills pp19–21

Identifying attitude and opinion p19

Understanding global meaning p20

Reading for detailed comprehension p20

Identifying the writer's purpose p21

Exam task pp22–23

WRITING

Part 1 Email

Practice task p39

Strategies and skills pp40–42

Describing what you like, dislike, want and prefer p40

Responding to an invitation p40

Making suggestions p40

Giving reasons p40

Including relevant information p41

Organising your answer p41

Using appropriate language p42

Exam task p42

Part 2 Article

Practice task p43

Strategies and skills pp44–46

Getting the right style p44

Linking ideas pp44–45

Editing your work p45

Starting and ending an article pp45–46

Giving personal opinions and reasons p46

Including relevant information p46

Exam task p46

Part 2 Story

Practice task p47

Strategies and skills pp48–50

Ordering events in a story pp48–49

Using descriptive language p49

Planning a story p50

Ending your story p50

Adding a title p50

Exam task p50

LISTENING

Part 1 Multiple choice (pictures)

Practice task pp51–52

Strategies and skills pp53–55

Predicting what you will hear pp53–54

Listening for specific information p54

Understanding distraction p55

Exam task pp56–57

Part 2 Multiple choice

Practice task p58

Strategies and skills pp59–61

Identifying a speaker's attitude pp59–60

Listening for agreement or disagreement p60

Identifying a speaker's feelings p61

Understanding functions/purpose p61

Exam task pp62–63

Part 3 Sentence completion

Practice task p64

Strategies and skills pp65–66

Listening for figures p65

Listening for spelling p65

Identifying the kind of information you need p65

Identifying incorrect answers pp65–66

Checking grammar p66

Exam task p67

SPEAKING

Part 1 Introduction

Practice task p72

Strategies and skills pp73–74

Answering questions p73

Giving reasons p73

Adding information to your answer pp73–74

Using interesting language p74

Asking the examiner to repeat p74

Exam task p74

Part 2 Individual long turn (photo)

Practice task p75

Strategies and skills pp76–80

Speaking fluently pp76–78

Linking ideas p79

What to describe/giving a description p80

Exam task p81

Part 3 Collaborative task

Practice task p82

Strategies and skills pp83–84

Making suggestions and recommendations p83

Asking for opinions p83

Agreeing and disagreeing p84

Discussing and making a decision p84

Exam task p85

B1 PRELIMINARY PRACTICE EXAM

Reading

Part 1 Multiple choice (short texts) pp88–89

Part 2 Multiple matching pp90–91

Part 3 Multiple choice pp92–93

Part 4 Gapped text pp94–95

Part 5 Multiple-choice cloze p96

Part 6 Open cloze p97

Writing

Part 1 Email p98

Part 2 Article or Story p99

Listening

Part 1 Multiple choice (pictures) pp100–101

Part 2 Multiple choice pp102–103

Part 3 Sentence completion p104

Part 4 Multiple choice p105

AUDIOSCRIPTS pp111–124

ANSWER KEY pp125–140

B1 PRELIMINARY EXAM OVERVIEW p141

WELL-BEING: MINDFULNESS FOR EXAMS pp142–143

Part 4 Gapped text	Part 5 Multiple-choice cloze	Part 6 Open cloze
Practice task p24 Strategies and skills pp25–27 Pronoun references p25 General points and supporting information pp26–27 Checking text coherence p27 Exam task pp28–29	Practice task p30 Strategies and skills pp31–33 Verb phrases p31 Prepositional phrases p31 Verbs related to clothes and other verb collocations pp32–33 Easily confused words p33 Phrasal verbs p33 Exam task p34	Practice task p35 Strategies and skills pp36–37 Relative clauses p36 Articles and quantifiers p36 Comparing pp36–37 Future forms p37 Linking words and expressions p37 Exam task p38
Part 4 Multiple choice Practice task p68 Strategies and skills pp69–70 Listening for opinions p69 Identifying reasons p69 Identifying the main idea p69 Recognising distractors p70 Exam task p71		
Part 4 Discussion Practice task p86 Strategies and skills p87 Describing opinions, likes and dislikes p87 Giving examples and personal experiences p87 Giving reasons p87 Exam task p87		
Speaking Part 1 Introduction p106 Part 2 Individual long turn pp107–108 Part 3 Collaborative task p109 Part 4 Discussion p110		